

# Indianola Preschool newsletter

## CLASSES

All our classes started the year with ALL ABOUT ME and we have enjoyed getting to know each student in our first month. Thank you for sending in pictures, sharing bags, and more to support our learning at school.

## PLAY = LEARNING

Each month we will focus on an element of play and show the learning that takes place during children's play. This month we will focus on outdoor play and its benefits.

- Improves cognition and thinking
- Bolsters resilience against stress
- Improves nutrition, eyesight, & balance
- Builds confidence
- Decreased rates of obesity
- Higher levels of creativity



## IPS NEWS

Next month we will have our first field trip. We will walk to the Indianola Public Library for our monthly story time. We will also enjoy snack time on the library lawn. As always with our field trips, we would be happy to have any parent volunteers to accompany us. A permission note will come home this week on Brightwheel.

## IMPORTANT DATES

October 4: CLOSED (no school, no child care) Teacher professional development  
October 7, 8: Library Field Trip  
October 14-15: NO SCHOOL, Child Care available  
October 28, 29: Picture Day  
October 30, 31: Fall Parties  
November 1: NO SCHOOL, Child Care available

## CONTACT INFORMATION

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Social Media: Facebook and Instagram